

## Presenting the Wokei! My Woke Chair, Lounge, Settee!

During this pandemic, most people of all ages, race, disabilities, have had to literally sit at home, be it for online school, work from home, binge tv/social media.

I'm a 50 yr old woman, from Goa, India, an artist, designer, IT professional. I enjoy going out specially to the art galleries, museums, concerts, but in the pandemic everything was closed.

So I spent a lot of time sitting in my chair, and once I was done with work, I lounged on our settee binge watching with our son!

Our son has autism and low muscle tone, what this means, is he is averse to exercise regardless of pandemic. The only sport he enjoys is swimming. He loves his tech gadgets and games, so naturally a lot of sitting, lounging.

Lets face it a huge population spend their time sitting regardless of pandemic.

This is a global issue, that should be tapped into and so I thought why don't we design a chair/sofa that self exercises, uses therapies, providing healthy mind + body improvement globally.

The concept is a chair that is an exercise + therapy chair, very similar to a massage chair. But this chair has AI which knows what the person needs so it basically reads your mind. So when you first sit on the chair, it will automatically read your weight, height, BMI. Then the chair will get you know you, ask your age, sex/gender, ethnicity, profession, hobbies & your exercise goals. The chair will also recommend diet based on your food habits and likes.

It will then whilst you're either working or sitting binge watching, will ask your state of mind on the day, based on the daily state of mind, it will start the exercise or therapy program that's best for you and if for some reason you don't like that choice, you are free to choose a program of your liking. The chair then proceeds to perform all the exercises, so your body will sweat and lose weight, relax your mind and body, whilst you are enjoying work or TV or simply relaxing, all this will be done whilst you lay in a sitting position.

The Wokei chair design has the potential to revolutionise the exercise genre including the gaming and entertainment industry. This design invention could potentially help ease, prevent, cure conditions like obesity, arthritis, provide OT, physio relief for disabled and abled people alike.

I hope you will truly appreciate this design concept and its many uses globally towards a healthier, happier society at large.

Cheers!

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